# FREE EARLY CHILD DEVELOPMENT MATERIALS
# FAMILY / CAREGIVER FRIENDLY




**Delays and disabilities among children are common. Yet commonly overlooked.**

*CDC's Learn the Signs. Act Early.* resources, customized for South Dakota, provide guidance for families, caregivers, and anyone working with young children and their families. Designed to engage caregivers in understanding and boosting a child's development, and acting early when concerns arise, children and their families can receive the services and support they need as soon as possible.

SD Act Early resources include the Milestone Tracker app, Milestones Moments booklets and developmental checklists, and children's books. All feature...

- developmental milestones in four domains (motor, cognitive, social/emotional, language/communication) from 2 months through five years of age;
- activities to boost a child's development in each domain;
- parenting tips and child safety messages;
- community resources to help meet child and family needs; and
- contact information for families seeking screenings when developmental concerns arise.

Knowledge of child development and parenting, connection to social supports, and concrete resources in times of need are all protective factors to increase parental resilience and lead to healthy development and well-being of children.

These materials are provided without cost thanks to partnerships across South Dakota systems serving young children and their families. Order at www.surveymonkey.com/r/ActEarlySD or use the QR code on the left.

To learn more, please contact Lisa Sanderson, South Dakota's Act Early Ambassador, SD Parent Connection at lsanderson@sdparent.org or 605-361-3171.

