

Brookings County Mental Health Coalition Speaker Series:

South Dakota State University
Student Health Center Presents:

Progress Over Perfection

June 17th | 12pm - 1pm CST
FREE Virtual Webinar Training

Scan here to register!

Must register to receive
webinar link via email



- Trainer: **Kiana Campbell**, M.S Ed., LPC-Supervisee, Counselor at South Dakota State University.
- Understand the underlying causes and behaviors associated with perfectionism.
- Learn multiple skills for coping with perfectionism and shifting to a more balanced outlook.

Questions?
Call Brookings Area United
Way at 605-692-4979



Brookings Area
UNITED WAY

