## Question, Persuade, Refer Training

Question, Persuade, Refer (QPR) teaches adults how to recognize warning signs of suicide crisis and how to assist someone to professional help.



#### What it covers:

- National and statewide statistics on suicide.
- How to identify common warning signs of a suicide crisis.
- How to ask the suicide question.
- How to persuade someone to live.
- How to refer and connect someone to professional help.

#### • Local and statewide resources.

# QPR





For questions or to register , please email uw@brookingsunitedway.org

### This training is intended for:

- First responders
- Faith community leaders
- Teachers and school faculty
- Primary/direct care workers
- Impacted community members
- College students and staff
- General public