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QUESTION, PERSUADE, REFER TRAINING RECENTLY OFFERED

Brookings, SD - Brookings Area United Way hosted a 1-hour Question, Persuade, & Refer (QPR) training to 11 participants on July 13th. QPR teaches people three simple steps anyone can learn to save a life.

“Through one QPR training, we now have 11 more individuals in the community better equipped to approach mental health and suicide. As we begin recognizing the struggles in our community, trainings like QPR can have a big impact,” said Heidi Gullickson, Executive Director of Brookings Area United Way.

QPR is intended for people and organizations that make up the fabric of a community. Professionals who regularly interact with people such as teachers, police officers, nurses, human resource directors, primary care workers, school/college leadership, faith communities, and friends and family of individuals with mental illness or addiction, and community members are encouraged to attend.

Brookings Area United Way is hosting another QPR training on September 14th during National Suicide Prevention week. To register, please visit: www.brookingsunitedway.org/qpr

If you are interested in hosting a training for your business/organization or if you have questions, please contact Heidi Gullickson, Brookings Area United Way, at heidi@brookingsunitedway.org or call 605-692-4979.

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