

AVAILABLE TRAININGS

MENTAL HEALTH FIRST AID

MHFA is an 8-hour course that teaches the public how to help someone who is developing a mental health problem or experiencing a mental health crisis. Using ALGEE: Assess, Listen, Give, & Encourage (for professional & self-help).

Available Dates: October 18, 2023



QUESTION, PERSUADE, REFER



QPR is a 1-hour training that teaches 3 simple steps that anyone can learn to help save a life from suicide. Our Community Care Coordinator is now QPR trained - if you would like to schedule a training for your organization, call 605-692-4979.

Available Dates: July 13, 2023

YOUTH MENTAL HEALTH FIRST AID

YMHFA is an 8-hour course discussing early intervention. It also reviews the unique risk factors & warning signs of mental health problems in adolescents ages 12-18. Using ALGEE: Assess, Listen, Give, & Encourage (for professional & self-help.)

Available Dates: July 18, 2023



Sponsors

