

**GIVE. ADVOCATE. VOLUNTEER.
LIVE UNITED**



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QUESTION, PERSUADE, REFER TRAINING RECENTLY OFFERED

Brookings Area United Way recently hosted a 1-hour, Question, Persuade, & Refer (QPR) training that teaches people three simple steps anyone can learn to save a life. We had 8 participants from local businesses, nonprofits, city officials, and churches.

“Through one QPR training, we now have 8 more individuals in the community better equipped to approach mental health and suicide. As we begin recognizing the struggles in our community, trainings like QPR can have a big impact,” said Heidi Gullickson, Executive Director of Brookings Area United Way.

QPR is intended for people and organizations that make up the fabric of a community. Professionals who regularly interact with people such as teachers, police officers, nurses, human resource directors, primary care workers, school/college leadership, faith communities, and friends and family of individuals with mental illness or addiction, and community members are encouraged to attend.

If you are interested in hosting a training for your business or organization or if you have questions, please contact Heidi Gullickson, Brookings Area United Way, at heidi@brookingsunitedway.org or call 605-692-4979.

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