

# VACCINE BENEFITS OUTWEIGH COVID-19 RISKS

## COVID-19 VACCINE RISKS

Possible side effects for a couple of days after each injection, such as a sore arm, tiredness, headaches, muscle pain, chills, joint pain, fever, vomiting and diarrhea

Missing work, school or other daily activities of living for a couple of days after each injection

Rare adverse event of blood clots with low platelets following the use of the Janssen (Johnson & Johnson) vaccine

## COVID-19 VACCINE BENEFITS

Makes your immune system ready to fight the COVID-19 virus

Prevents hospitalization and death due to COVID-19

Not required to quarantine after close contact with someone who tests positive for COVID-19 if you do not have symptoms

Avoid testing if you have close contact with someone who tests positive for COVID-19 if you do not have symptoms

Help protect others around you and decrease the likelihood of spreading the virus to others

Safely hug and have close contact with other people who are fully vaccinated

Safely gather indoors without masks with other people who are fully vaccinated

Travel domestically without a pre- or post-travel test

Travel domestically or internationally without quarantining after travel

Travel internationally without a pre-travel test depending on destination

Help end the pandemic and get us all back to what we miss most

## COVID-19 ILLNESS BENEFITS

Natural immunity if illness is survived

**Make the  
right choice.  
Get vaccinated.**

Learn how at [brookingshealth.org/Vaccine](https://brookingshealth.org/Vaccine).

**Brookings**  
HEALTH SYSTEM



## COVID-19 ILLNESS RISKS

Missing work, school or other daily activities of living for 14+ days

Serious, life-threatening complications including difficulty breathing, chest pain, or difficulty staying awake

Hospitalization

Death

Post-COVID conditions, including fatigue, brain fog, headache, loss of smell or taste, dizziness, heart palpitations, chest pain, shortness of breath, cough, joint or muscle pain, depression or anxiety, fever, symptoms that get worse after physical or mental activities

Multiorgan effects post-COVID, including heart, lung, kidney, skin and brain

Multisystem inflammatory syndrome post-COVID