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## APPLIED SUICIDE INTERVENTION SKILLS TRAINING BEING OFFERED

Brookings Area United Way is hosting a free, 2-day Applied Suicide Intervention Skills Training (ASIST) workshop on February 23<sup>rd</sup> & 24<sup>th</sup>. This event is currently being planned as in-person at the Dakota Nature Park.

This training is for anyone who wants to feel more comfortable, confident, and competent in helping to prevent the immediate risk of suicide. Over one million people have participated in this two-day, highly interactive, practical, practice-oriented workshop.

“We understand the need for mental health trainings in our community. Trainings like ASIST will allow the community to be better prepared to have conversations about suicide prevention and have an overall impact on our community members,” said Heidi Gullickson, the Executive Director of Brookings Area United Way.

ASIST is intended for people and organizations that make up the fabric of a community. Professionals who regularly interact with people such as police officers, nurses, human resource directors, primary care workers, school/college leadership, faith communities, friends and family of individuals with mental illness or addiction, and community members are encouraged to attend.

Deadline for registration is February 18, 2022, and both days must be attended for the training to be completed. Contact Heidi Gullickson, Brookings Area United Way, at [heidi@brookingsunitedway.org](mailto:heidi@brookingsunitedway.org) or call 605-692-4979 for more information. You can register or learn more at <https://brookingsunitedway.org/asist/>.

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